

YMZ – Yeh Ming Zhou Stone Essence

Objectives: using the Pyra Pad, transmit the qualities of a Yeh Ming Zhou stone into water to create an essence. Determine if sunlight had any effect on the essence.

The purpose of making an essence with YMZ is to create a substance that can draw in, retain and then emit light, thereby receiving the qualities of the YMZ.

Tests: analysis on spectrophotometer and participant use tests.

Essences

The word essence comes from the Latin “essentia” meaning “be”. The Oxford Dictionary defines essence (noun) as “The intrinsic nature or indispensable quality of something, especially something abstract, which determines its character”.

The individual features that define the character of an object such as a stone or a crystal are held in their vibrational energy.

Essences and elixirs made from crystals and stones have been accepted by many cultures for thousands of years.

We wait for science to catch up through advances in quantum physics to prove that water can receive, store and release information in the form of vibrational energy.

Yeh Ming Zhou

In Eastern cultures we often see pictures of a dragon holding a pearl. The dragon represents energy and the pearl a ball of light, or the sun.

Named by the Chinese as “Yeh Ming Zhou” (Night Bright Pearl), the stone is prized for its protective qualities, for strengthening the aura and for increased connection with our higher self.



It draws in light and holds it for a long time, often glowing for many hours.

Ancient YMZ is extremely rare and these days is held closely by the previously ruling families in China. Historically, only the Emperor was allowed to have YMZ.

Modern Yeh Ming Zhou (YMZ), the Night Glowing Pearl of Taoist mythology, can now be made using Fluorite and high concentrations of rare earth elements such as Lanthanum, Europium and Dysprosium.

Its energetic glow is comparable to the brightest Ancient Yeh Ming Zhou and the purity of its crystal matrix allows for a direct experience of its energy and intelligence.

It is possible to tap into the ‘Morphic Field’ of Yeh Ming Zhou through your intention and awareness.

Guy Harriman of Lanna Yoga, Thailand, strengthens, energises and purifies his Modern YMZ by ‘structuring’ it using 3 pyra lights, 2 super pulsed tesla coils and a sugalite merkaba to give it energetic integrity and purity.

Water Memory Research

Water memory is what some people call the ability of water to hold energy patterns or retain the “memory” of substances or energies the water was previously exposed to.

There have been many attempts to try to prove or disprove the theory that water can hold memory.

Many are familiar with the work of Dr Masaru Emoto, a Japanese scientist, who showed that human thought and emotions have an effect on the molecular structure of water.

<http://www.masaru-emoto.net/english/water-crystal.html>

In the 1980's a French scientist names Dr Jacques Benveniste showed that water has a memory. He upset a lot of people who had vested business interests that would be affected by his discovery as well as people who viewed his experiments as heretical. He was pressured to withdraw his findings, but he refused maintaining that science should serve the people; not industry.

French virologist, Luc Montagnier, joint winner of the Nobel prize for his co-discovery of the link between HIV and AIDs, continued Benveniste's work in the early 2000's. He maintained that water could carry information via an electromagnetic imprint from DNA and other molecules.

Dr Marcel Vogel using UV Spectral Photometry in the 1970's concluded that not only does water store energy it also stores information <https://h3o2water.com/research/>

Experiments by others including The Aerospace Institute at the University of Stuttgart, Germany have backed up the studies that water has memory.

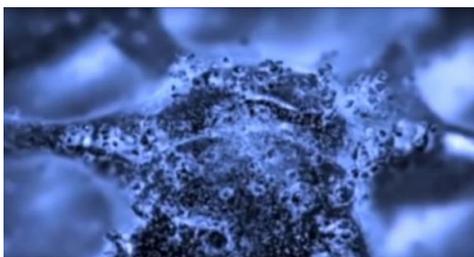
MJ Pangman, Co-author of *Dancing With Water – The New Science of Water*, makes the point in her book that much of the water in our body is a hexagonal/crystalline structure. There are other components in the body that are crystalline such as collagen and cell membranes.

She suggests that the crystalline nature of the water interfaces with the crystalline structures in our body as a kind of instant signal system that gets information to all our cells. This same crystalline structure that is capable of transmitting energy is seen in quartz crystals, used to transmit energy in radios.

Rustum Roy Professor of the State University Pennsylvania, member of the International Academy of Science – speaking about water - “It may be the single most malleable computer....it's like a computer memory, it's the memory of information.”

The structure of water is more important than the chemical composition when determining if water can hold memory.

When we structure water, it erases its memory and it will take on the energetics of whatever is around it at the time. The crystalline form of structured water is more easily able to store information.



Crystals of Frozen Tap Water



Crystals of Frozen Structured Water

Making an Essence

Two methods are generally used to make essences: the direct and the indirect.

In the direct method the object is placed directly into the water and activation energy is provided. This is normally by sunlight, such as with flower essences but can also be moonlight.

Often crystals are placed directly into water and a crystal essence made.

This requires caution as many crystals contain toxic substances that should not be ingested.

With the indirect method the stone is placed on some form of transfer medium which is used to transfer the vibrational energy of the stone into the water.

For my study I used the indirect method with the Pyra Light as the transfer medium.

The Pyra Light

The Pyra Light is a wellness device created by Guy Harriman (www.pyralight.com)

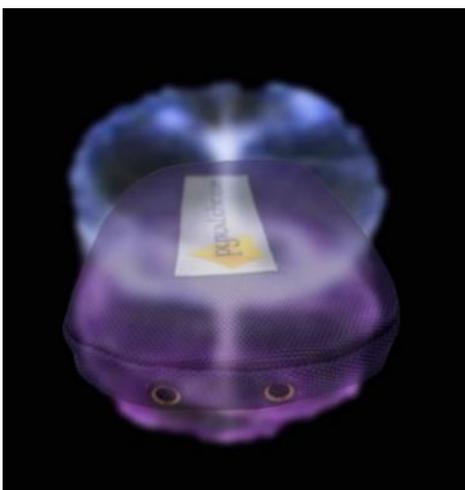
It creates a healing superpulsed magnetic field and Infra Red light at Delta 2Hz, Schumann 8Hz, and Gamma 40Hz frequencies.

The six 3W 650nm LEDs penetrate about 6cm into the body.

It is known that biological systems are much more sensitive to pulsed stimulus than static stimulus such as continuous light from the sun.

The PyraLight uses superpulsing to combine three biologically important frequencies observed in EEG:

- 40Hz gamma – found in EEG when left and right hemispheres of the brain are integrated
- 8Hz schumann – the original resonant frequency of the Earth and the boundary between theta EEG (dreaming) and alpha (relaxed awake)
- 2Hz delta – the central frequency of the deep sleep and deep meditation EEG band



Research has shown that the Pyra Light pad structures the water so that it is able to absorb more light.

My thought was that the super pulsing of the Pyra Light could be used to transfer the vibrations of the YMZ into the water.

The pulsing should be more effective than the continuous light of sunlight alone.

Pyra Light structured water was used as the control and various combinations of Sun, Pyra Light and YMZ were tested for light absorbency.

Participant sampling was done using an essence of Pyra Light, sun and YMZ .

The Experiment

I made essences from a piece of YMZ from Guy Harriman's Lanna Yoga Studio in Northern Thailand.

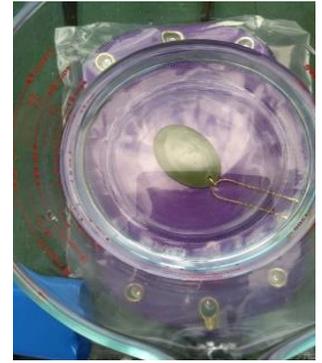
A spectro photometry test at 270nm was done to measure if the essences had absorbed more light than the control sample. Detection limit was 0.002AU.

This was how I determined if the essence had captured the energy of the YMZ.

Participant sampling was to determine if the YMZ had any effect on the participants.

For the spectro photometry test the undiluted sample was put into a sterilized bottle for testing.

With the participant's samples, the undiluted X3 essence was put into a sterilized 25ml bottle with 5ml of brandy to stabilize the vibrational energy in the mixture and to preserve the water quality.



Control and Samples

Y1 – Control: water that had been structured on the Pyra Light pad only

Y2 – YMZ that had been placed under a beaker of non-structured water in the sun for 6 hours but not on the Pyra

Y3 – YMZ placed under a beaker of water on the Pyra for 6 hours but not in the sun

And on a separate day:

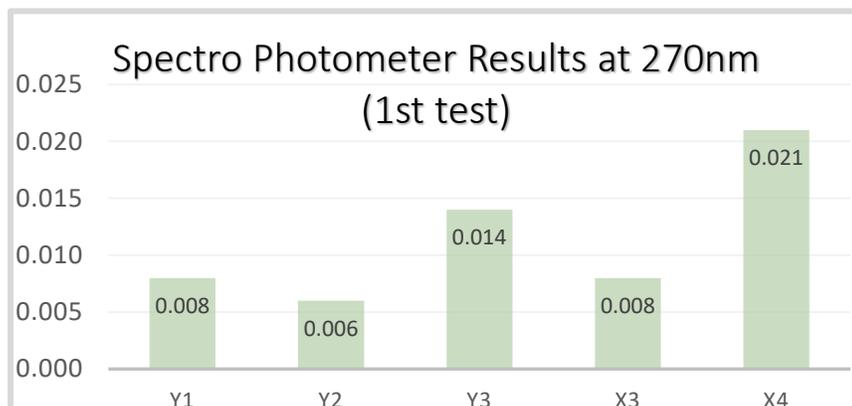
X3 – Control: water structured on the Pyra Light pad while in the sun for 6 hours

X4 – YMZ placed under a beaker of structured water on the Pyra while in the sun for 6 hours

Results

First Test

	PYRA	SUN	YMZ	Abs rate @ 270nm
Y1	√			0.008
Y2		√	√	0.006
Y3	√		√	0.014
X3	√	√		0.008
X4	√	√	√	0.021



YMZ placed in the sun alone with non-structured water (Y2) absorbed less light than the Pyra structured control (Y1).

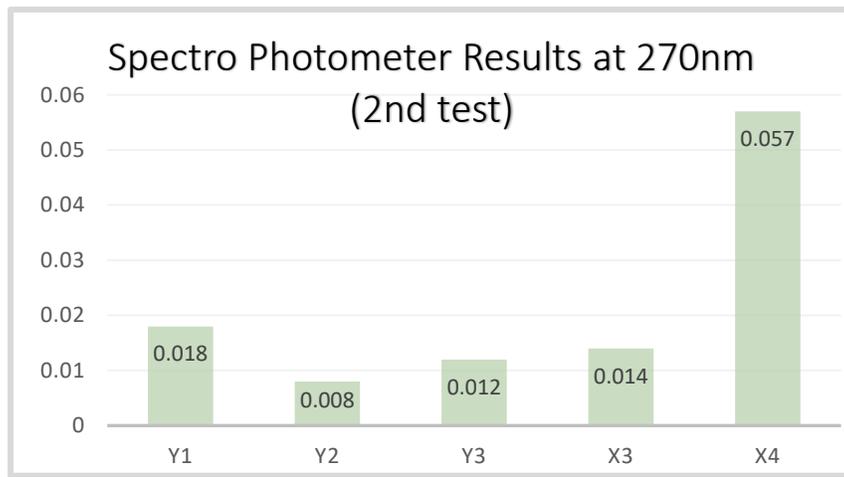
YMZ placed on the Pyra Light without the sun (Y3) absorbed nearly twice as much light than the Y1 control and nearly 2 ½ times more than the YMZ in the sun alone (Y2).

YMZ placed on the Pyra Light and in the sun (X4) absorbed nearly 3x more light than the control (X3).

Second Test

This test used different samples that were made 2 weeks after the first test. This day was substantially sunnier than the day of the first test.

	PYRA	SUN	YMZ	Abs rate @ 270nm
Y1	√			0.018
Y2		√	√	0.008
Y3	√		√	0.012
X3	√	√		0.014
X4	√	√	√	0.057



The Y1 result was inconsistently higher than the Y1 in the first test so I considered it an erroneous reading.

There was not sufficient sample left to do a re-test.

I therefore didn't consider any comparisons to Y1 control in this test.

YMZ placed on the Pyra without the sun (Y3) absorbed more light than YMZ in the sun alone (Y2).

YMZ placed on the Pyra Light and in the sun (X4) absorbed 4x more light than the control (X3).

Conclusion

Sunlight didn't increase the light absorption of structured water (Y1 vs X3).

YMZ placed on the Pyra absorbed more light than when placed in the sun alone (Y3 vs Y2).

When placed in the sun as well as on the Pyra both tests showed a substantial increase in the amount of light absorbed into the water (3x and 4x).

The results demonstrate that the Yeh Ming Zhou drew in energy from the sun and the Pyra Light pad provided the matrix to transfer that energy into the water.

The optimal essence would be made from placing the YMZ under a beaker of water, on the Pyra Light pad and placing in full sun.

Note to lab results: (X4 is dated a day after the others on the lab certificate as I had left it at home and had to take it in the next day)



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Analytical Report
 COA No: 18/04403-1

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Date received: 03/09/2018 Time received: 11:20 Sample date: 03/09/2018

Sample	Sample ID	Test	Result	Units
18/04403-01	Y1 Control	Absorbance at 270 nm *	0.008	AU cm-1
18/04403-02	Y2 Sample	Absorbance at 270 nm *	0.006	AU cm-1
18/04403-03	Y3 Sample	Absorbance at 270 nm *	0.014	AU cm-1

Notes: * Test is not accredited.

Test	Methodology	Detection Limit
Absorbance at 270 nm	APHA 23rd Ed. 5910 B	0.002 AU cm-1

Report released by Johan Bosch
 Principal Analyst

Date: 07 September 2018

Key Technical Person:

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Date received: 03/09/2018 Time received: 11:20 Sample date: 03/09/2018

Sample	Sample ID	Test	Result	Units
18/04401-01	X3 Control	Absorbance at 270 nm *	0.008	AU cm-1
18/04401-02	X4 Sample	Absorbance at 270 nm *	0.021	AU cm-1

Notes: * Test is not accredited.

Test	Methodology	Detection Limit
Absorbance at 270 nm	APHA 23rd Ed. 5910 B	0.002 AU cm-1

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Analytical Report
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Date received: 16/09/2018 Time received: 12:50 Sample date: 16/09/2018

Sample	Sample ID	Test	Result	Units
18/04714-01	Y1	Absorbance at 270 nm	0.016	AU cm-1
18/04714-02	Y2	Absorbance at 270 nm	0.008	AU cm-1
18/04714-03	Y3	Absorbance at 270 nm	0.012	AU cm-1

Notes:

Test	Methodology	Detection Limit
Absorbance at 270 nm	APHA 23rd Ed. 5910 B	0.002 AU cm-1

Report released by Johan Bosch
 Principal Analyst

Date: 25 September 2018

Key Technical Person:

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Sample date: 18/09/2018

Sample	Sample ID	Test	Result	Units
Date received: 18/09/2018 Time received: 12:50				
18/04714-04	X3	Absorbance at 270 nm	0.014	AU cm-1
Date received: 18/09/2018 Time received: 18:19				
18/04714-05	X4	Absorbance at 270 nm	0.057	AU cm-1

Notes:

Test	Methodology	Detection Limit
Absorbance at 270 nm	APHA 23rd Ed. 5910 B	0.002 AU cm-1

Report released by Johan Bosch
 Principal Analyst

Date: 25 September 2018

Key Technical Person:

Johan Bosch

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Participant Sampling

I asked participants to trial an X4 essence. They were requested to take 7 drops 3 times a day under the tongue, in a clean mouth until the bottle was empty. They rated any changes at the end of 1, 2, 3 then 4 weeks of taking the essence.

There were 10 people who trialed the essence plus 2 placebo bottles.

The changes to be measured, either positive or negative, were in 15 different areas in the physical, emotional, mental and spiritual areas of life. The rating was done by picking one of 11 numbers from -5, through 0 to +5. -5 represented a large negative change and +5 represented a large positive change. 0 meant no change at all was felt.

PHYSICAL: energy, endurance, strength

EMOTIONAL: stability, strength

MENTAL: energy, capacity, concentration, clarity

SPIRITUAL: dreams/visions, connection, intuition

OTHER: health, sleeping patterns, appetite

Results

The 2 placebo bottle participants noticed small positive differences.

Of the other 10, 1 person stopped taking the essence due to illness and another stopped due to too many outside influences leading to lack of focus.

Of the 8 remaining 1 had a large negative reaction in the first 2 weeks which then turned to a large positive reaction resulting in an overall feeling of increased inner strength.

Another noticed existing shoulder and back pain disappeared in the first week. After 2 weeks the drops tasted too strong so the participant stopped taking them for a week and the pain returned. They were started again, and the taste wasn't as strong and the pain went away again. Intuition increased markedly.

7 of the 8 experienced a big increase in the number of dreams recalled, with 5 saying their dreams were significantly more vivid than before the drops.

7 of the 8 experienced significantly higher mental energy, concentration and clarity.

6 of the 8 felt they had much higher physical energy with the drops.

Spiritual connection increased significantly for 6 of the 8 people.

No significant changes were recorded in the emotional or other areas.